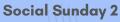
# OCTOBER DOMESTIC VIOLENCE AWARENESS







Check in on a friend: invite them for coffee

#### Social Sunday 9

Join others in a Self-Defense Workshop 1:00pm 1929 Gym Free!

**Social Sunday 16** 

Sibling Date!

Catch up and

check in

walk with family.

Social Sunday 30



## **Make A Difference** Monday

Shelter Donation

Drive Begins

Make A Difference

Spread Awareness with Purple Ribbon Day

Clothesline Project Display Begins

#### Make A Difference Monday

Visit our library book display and read a book about domestic violence - then share your thoughts online

#### Make A Difference **Social Sunday 23** Monday Go on a listening

Get Green Dot trained

#### Make A Difference Monday

Invite friends over for Mocktober Mocktails Volunteer with a DV and check in shelter

## **Table Tuesday 4** Stop outside Post for goodies, activities and information

# **Table Tuesday 11**



by painting your ring finger purple

## **Talking Tuesday**

Talk to friends or family about the things you've

learned about DV

## **Table Tuesday 25**



#### **Warning Sign**

Lunch & Learn: Intensity and Possessiveness

Wednesday

### Warning Sign 12 Wednesday

Lunch & Learn: Manipulation and Guilting

## **Warning Sign** Wednesday

Lunch & Learn: Betrayal and Isolation

#### **Warning Sign** Wednesday

Legal Clinic

Lunch & Learn: Sabotage and Volatility

#### Thoughtful Thursday

Take Back the Niaht Downtown Springfield

Light up Witt starts

#### Thoughtful Thursday Poetic Epiphany



# **Thoughtful Thursday**

National Purple Shirt Day! Wear your purple to spread awareness about DV.

#### **Thoughtful Thursday**

What song makes you feel powerful? Add to our Power Playlist

**Diva Night Out** 

#### Fact Friday 7 **Domestic Violence** and Immigration



a friend





Fact Friday 21

Violence Against

Women - It's a Men's

Issue

Fact Friday 28

A Call to Men

**Sharing Saturday** 

How to help family or



# Sharing Saturday



Myths and Realities of DV

#### Sharing Saturday



The Bystander Effect; The Science of Empathy





















