

CLARK COUNTY, SPRINGFIELD, OHIO MENTAL HEALTH AND SUBSTANCE ABUSE COUNSELING RESOURCES

There are numerous counseling services available in Springfield, Yellow Springs, Dayton, and Columbus. The following are just a few that students have had positive experiences with.

Check your insurance card for websites and approved referral sources. You may want to call several facilities in order to determine the one that best meets your needs and takes your insurance.

- **Wittenberg Counseling Services**
Basement of Shouplin 937-327-7811
- **Mental Health Services of Clark County:** www.mhsc.org
474 North Plum Street
Springfield, Ohio, 937-399-9500 (Crisis Counseling 24/7)
- **Positive Perspectives** (Private Practice): www.positiveperspectivescounseling.com
Urbana Road, Lotus Center
Springfield, Ohio 937-390-3800
- **Springfield Psychiatric Associates** (private Practice)
3162 El Camino Drive
Springfield, Ohio 937-342-9030
- **Dr. Huma Bashir** (Counselor)
1209 North Plum Street, Suite A
Springfield, Ohio 937-460-7876
- **TALK ONE2ONE:**
Available 24/7, including Breaks and Summer 1-800-756-3124
- **Suicide Prevention Lifeline:** www.suicidepreventionlifeline.org
Available 24/7
1-800-273-8255
- **American Psychological Association:** <http://apa.org/>
1-800-964-2000
- **Anxiety Disorders Association of America:** www.adaa.org
240-485-1001
- **Mental Health America:** <http://www.nmha.org/>
1-800-969-6642

SUBSTANCE ABUSE REFERRALS AND RESOURCES

- **Alcoholics Anonymous:** <http://www.aa.org>
1-888-696-9525
- **McKinley Hall:** <http://www.mckinleyhall.org>
937-328-5300
- **Narcotics Anonymous:** www.na.org
937-342-2278
- **Mercy Reach:** [Mercy Health Reach Services — Springfield | Mercy Health](http://www.mercyhealth.org)
937-390-5338